### **ACTIVITIES & SPORTS**

#### **DUBLIN PRESCHOOL PROGRAM**

#### **DUBLIN PRESCHOOL AT SHANNON COMMUNITY CENTER**

11600 SHANNON AVENUE

#### **DUBLIN PRESCHOOL AT DUBLIN ELEMENTARY SCHOOL**

7997 VOMAC ROAD

#### 2015-2016 Schedule

Session I: 9/8/15 - 11/20/15 Session II: 11/30/15 - 2/26/16 Session III: 2/29/16 - 5/20/16

#### **Session I Registration**

Residents: 4/9 at 6:00 PM Non Residents: 4/30 at 6:00 PM

Join us for a nurturing two, three, or four day thematic-based preschool program with an exciting curriculum that's fun and engaging, and includes parent participation. Staff fosters a warm and caring environment, where each child is free to express themselves, learn new preschool skills, and simply have fun! Students are taught basic social and emotional development, language, communication skills, pre-reading, and cognitive processing skills. We also offer special activity days, both on- and off-site.

Proof of age is required for final acceptance of registration. Children must be fully potty trained—this program is designed for children who are completely responsible for their own toileting needs without diapers, Pull-ups, or disposable underwear of any kind.

This is a parent participation preschool program where parents are encouraged to assist in the classroom a minimum number of times as follows, depending on class selection:

#### Tuesday/Thursday, two days per week students:

Parents are encouraged to volunteer a minimum of 2 times per session.

#### Monday/Wednesday/Friday, three days per week students:

Parents are encouraged to volunteer a minimum of 3 times per session.

### Pre-K and Monday/Tuesday/Wednesday/Thursday, four days per week students:

Parents are encouraged to volunteer a minimum of 4 times per session.

All registered students will be assessed non-participation fees at the time of registration. If a parent elects to work during a session, and is able to fulfill their minimum parent participation requirement, previously assessed non-participation fees will be rolled over towards future preschool session non-participation fees. Non-participation fees will not be refunded during a session, however, they may be refunded upon termination, or the end of the school year.

### 2015–2016 Parent Non-Participation Fee Schedule per session:

Resident/Non Resident - \$60/Day

\$120 Tuesday/Thursday students

\$180 Monday/Wednesday/Friday students

\$240 Pre-K & Monday/Tuesday/Wednesday/Thursday students

Non-participation fees for the 2015-2016 school year must be paid in full prior to the onset of the session. If volunteer days are fulfilled, the non-participation fees will roll over to the next session.

#### Three-Year-Old Classes

Children must be three years old by December 1, 2015

#### **Dublin Preschool at Shannon**

\$616 Res/\$739 Non Res

Mon/Wed/Fri 9/9-11/20 9:00-11:30 AM Activity #38116

\$412 Res/\$494 Non Res

Tue, Thu 9/8-11/19 9:00-11:30 AM Activity #38119

Tue, Thu 9/8-11/19 9:00-11:30 AM Activity #38480

Tue, Thu 9/8-11/19 1:00-3:30 PM Activity #38120

#### Four-Year-Old Classes

Children must be four years old by December 1, 2015

#### **Dublin Preschool at Shannon**

\$641 Res/\$769 Non Res

Mon/Wed/Fri 9/9-11/20 9:00 AM-12:00 PM Activity #38128 Mon/Wed/Fri 9/9-11/20 1:00 PM-4:00 PM Activity #38129

#### **Dublin Preschool at Dublin Elementary School**

This class will be partnering with high-functioning special needs preschoolers at Dublin Elementary School. Our preschool students will develop valuable friendships with this unique opportunity to expand language and social skills. Staff is working with DUSD on this beneficial partnership.

\$962 Res/\$1,154 Non Res

Mon-Thu 9/8-11/19 9:00 AM-12:00 PM Activity #38756



#### **Pre-K Class**

Children must be four years old by September 1, 2015

Join us for an exciting four-day (Monday-Thursday) thematicbased preschool program with a positive curriculum that's fun and engaging, and includes parent participation. Staff fosters a warm and caring environment where each child is free to express themselves, learn new kindergarten skills, and simply have fun! Instruction covers basic social and emotional development, language, communication skills, pre-reading, and cognitive processing skills. Children must be four years old by September 1 of the current school year to participate in Pre-K. The program provides a strong foundation of cognitive and developmental curriculum in preparation for public Kindergarten. The program may be offered to returning students eligible for the Four's program with teacher recommendation. Students new to our program who are four years old by September 1, and have had previous preschool experience may call (925) 556-4500 for a teacher meet and greet, or email <u>dublinpreschools@dublin.ca.gov</u> to schedule an appointment.

### Dublin Preschool at Dublin Elementary School

\$962 Res/\$1,154 Non Res

Mon-Thu 9/8-11/19 1:00-4:00 PM Activity #38299

## Special Reminders for the 2015-2016 School Year

- Students must be 3 or 4 years old by December 1, 2015 to be eligible for our preschool program.
- Students must be 4 years old by September 1, 2015 to be eligible for our Pre-K program
- Students may not register for multiple preschool classes.
   Five-days-a-week preschool is not available for the 2015-2016 school year.



#### MINI-PRESCHOOL

#### **Little Lovies**

Have your "Little Lovie" join us weekly for mini-preschool! Our staff fosters a warm and caring environment where each "Little Lovie" can listen to enchanting stories, enjoy a small craft, play at manipulative centers, join in sing-alongs, and much more. Participants should arrive in a clean diaper if needed, as staff is not equipped to change diapers. *Instructor: City of Dublin Preschool* 

18 Months - 3 Years

**Shannon Community Center** 

#### **Mondays**

7 Classes \$128 Res/\$154 Non Res

5/18-7/6\* 9:00-11:00 AM Activity #38137

\* no class 5/25

8 Classes \$160 Res/\$192 Non Res

7/13-8/31 9:00-11:00 AM Activity #38238

#### **Tuesdays**

8 Classes \$160 Res/\$192 Non Res

5/19-7/7 9:00-11:00 AM Activity #38138 7/14-9/1 9:00-11:00 AM Activity #38239

#### Wednesdays

8 Classes \$160 Res/\$192 Non Res

5/20-7/8 9:00-11:00 AM Activity #38139 7/15-9/2 9:00-11:00 AM Activity #38240

#### **Thursdays**

8 Classes \$160 Res/\$192 Non Res

5/21-7/9 9:00-11:00 AM Activity #38140 7/16-9/3 9:00-11:00 AM Activity #38237

#### PARENT & ME

#### **Gym Explorers**

This parent-participation class is designed to allow toddlers to explore the gym, feel the equipment, and acclimate to the gym space. Class begins with a group warm-up with music to get moving, and ends with circle time, songs, bubbles, stamps, and coloring activities. Children must be able to walk for this class.

9 Classes Instructor: Edge Gymnastics

9 - 20 Months \$92 Res/\$110 Non Res

#### **Edge Gymnastics**

Fri 6/19-8/14 10:30-11:00 AM Activity #38539

#### **Boogie with Your Baby**

Have fun as you and your baby 'boogle' to favorite nursery songs. Hop, jump, and dance with scarves, beanbags, parachutes and more. This class encourages imagination and creativity and is lots of fun for everyone. Parent participation is required.

8 Classes Instructor: Castro Valley Performing Arts

19 - 30 Months \$83 Res/\$100 Non Res

#### **Heritage Park & Museums**

Fri 7/10-9/11\* 11:45 AM-12:30 PM Activity #38423

\* no class 7/24 & 7/31

#### Wee Hoop Basketball: Dribblers

Help your child develop motor skills and coordination pertinent to the game of basketball. Repetition will enable children to build their confidence level so that parent participation lessens over time. Activities include organized games that help children to develop listening skills and learn to follow directions. Parent participation is required.

8 Classes Instructor: Wee Hoop staff

18 Months - 3 Years \$92 Res/\$110 Non Res **Stager Community Gymnasium** 

Sat 6/6-8/1\* 9:00-9:35 AM Activity #38664

\* no class 7/4

#### Kindergym

Kindergym is fun for your toddler! This parent-participation class starts with a group warm-up with music to get moving and then it's on to parent-assisted activities on the gymnastics apparatus. Students will finish with songs, bubbles, stamps, and coloring activities.

9 Classes Instructor: Edge Gymnastics

18 Months - 3 Years \$137 Res/\$164 Non Res

**Edge Gymnastics** 

Mon 6/15-8/10 12:50-1:35 PM Activity #38535 Thu 6/18-8/13 9:30-10:15 AM Activity #38536

#### **Kidz Love Soccer: Parent & Me Soccer**

All the fun happens on the field so don't just watch from the sidelines! Here's your chance to join in as your toddler is introduced to the world's most popular sport. You'll participate in fun, age-appropriate activities, and help your child to develop their motor and socialization skills. A variety of soccer activities will be played each week. Parent participation is required. Kidz Love Soccer jersey included.

8 Classes Instructor: Kidz Love Soccer staff

2 - 31/2 Years \$112 Res/\$134 Non Res

Emerald Glen Park
Tue 6/23-8/11 5:40-6:10 PM Activity #38643
Shannon Park
Sat 7/11-8/29 9:00-9:30 AM Activity #38644

#### **NEW! Lil' All-Stars Baseball: Rookies**

The game of baseball is taught through a fun, curriculum-based program using engaging, age-appropriate activities and drills. Hitting, throwing, catching, fielding, base-running and basic baseball rules will be introduced. Students will learn baseball-specific body positioning and the basic rules, as well as team building skills. This fun class will involve a lot of repetition and skills progression, as we focus on the baseball fundamentals and motor skill development. Parent participation is required.

6 Classes Instructor: Take 1 Sports staff

3½ - 5 Years \$119 Res/\$143 Non Res

**Ted Fairfield Park** 

Thu 7/9-8/13 3:30-4:30 PM Activity #38881



# dublin cares

### CITY OF DUBLIN YOUTH FEE ASSISTANCE PROGRAM

The City of Dublin's Youth Fee Assistance Program provides eligible Dublin youth financial assistance to participate in City-sponsored recreation programs. The program is available to Dublin youth, 17 years and younger, whose household income level meets specific requirements. A one-page eligibility form must be submitted on an annual basis. Applications are available online at <a href="https://www.dublin.ca.gov">www.dublin.ca.gov</a>, or in-person at Shannon Community Center. If you would like to donate to the program, checks can be made to City of Dublin Youth Fee Assistance Program. The City of Dublin is a municipal corporation and donations made to the program are considered "charitable contributions" by the Internal Revenue Service (IRS). Please call (925) 556-4506 for more information. Your donation can make a meaningful difference in the lives of our youth. Thank you for your support.

#### Twist and Shout with Your Tot

Encourage creativity and imagination as you twist and shout together to some of your child's favorite preschool songs. Students explore dance and movement through the use of beanbags, scarves, balls, parachutes and more. This class is designed to enhance basic motor skills and introduce students to a classroom environment. Join the fun and prepare to boogie as parent participation is required. 8 Classes Instructor: Castro Valley Performing Arts

32 Months - 4 Years \$83 Res/\$100 Non Res

Heritage Park & Museums
Fri 7/10-9/11\* 12:45-1:30 PM Activity #38426
\* no class 7/24 & 7/31

#### **Tiny Tot Science for Toddlers**

Introduce your little one to the exciting world of science! Each class will have a different theme and will include a story, songs and science experiments and activities specially tailored for this curious age group. This supportive environment will allow your child to develop fine motor skills and gain a love for science. Adult participation is required. 5 Classes Instructor: Maria Kapadia

2 - 3 Years \$85 Res/\$102 Non Res; plus \$15 materials fee Shannon Community Center Mon-Fri 7/20-7/24 9:30-10:30 AM Activity #38502

#### **DANCE, MUSIC & ART**

#### **NEW! Five Dancing Crayons**

An adventure in art, craft, and movement activities that will enhance creativity, self-confidence, and imagination. Art and music, as a natural process of learning, will provide opportunities for children's cognitive, social and motor development.

8 Classes Instructor: Bozena Olano

3 - 5 Years \$120 Res/\$144 Non Res

#### **Shannon Community Center**

 Mon, Wed Tue, Thu
 6/8-7/1
 3:30-4:30 PM
 Activity #38561

 Mon, Wed Tof-7/29
 3:30-4:30 PM
 Activity #38563

 Tue, Thu
 7/7-7/30
 3:30-4:30 PM
 Activity #38580

 Mon, Wed Tof, Thu
 8/17-9/14\*
 4:00-5:00 PM
 Activity #38583

 Tue, Thu
 8/18-9/10
 4:00-5:00 PM
 Activity #38583

### Kindermusik™ Wiggle & Grow with Siblings

Grab your beach ball and take the whole family to the beach. Crabs are scuttling, toes are wiggling, waves are crashing, and the sun is shining. We'll enjoy favorite songs and dances, do an Octopus Hula, jump on a banana boat, and then snuggle up and happily relax to gentle beach sounds and songs. Beach Days is as fun and restorative as...well, a trip to the beach! Babies 10 months and younger attend FREE with an enrolled sibling.

5 Classes Instructor: Staff Kindermusik™ w/Ms Lindsay & Friends, Inc

Up to 4 Years \$90 Res/\$108 Non Res; plus \$11 materials fee

#### **Shannon Community Center**

Sat 6/6-7/18\* 10:15 AM-11:00 AM Activity #38493 Sat 6/6-7/18\* 9:15 AM-10:00 AM Activity #38492 Sat 6/6-7/18\* 11:15 AM-12:00 PM Activity #38494 \* no class 6/20 & 7/4





#### **Little Hands Art Class**

Does your little one love to paint and draw animals, flowers, and other fun pictures? Children in this class will have fun exploring different art media including watercolors, acrylic paint, colored pencils, and pastels. They will also learn about drawing with lines and shapes. Parents are welcome to participate in this class.

5 Classes Instructor: Carla Ginn

4 - 7 Years \$85 Res/\$102 Non Res; plus \$5 materials fee

**Heritage Park & Museums** 

Mon-Fri 7/6-7/10 2:00-3:00 PM Activity #38452

### Young Rembrandts: FUNdamental Drawing

FUNdamental drawing teaches children to follow directions and increase their attention span and self confidence so that they can be successful in kindergarten. Learn to draw with our step-by-step method and increase fine motor skills, handwriting readiness, and attention to detail. New lessons each class, and each session.

5 Classes Instructor: Young Rembrandts

4 - 61/2 Years \$99 Res/\$119 Non Res

**Dublin Public Library** 

Sat 7/11-8/8 9:30-10:30 AM Activity #38511

#### **NEW! Bollywood Bugs**

Dancing for the wee ones...come have fun with your little one through music and movement—Bollywood style! Children will enjoy themselves while developing motor skills and hand-eye coordination, all while being introduced to this fun dance form in the process.

8 Classes Instructor: Vaishnavi Misra

3 - 4 Years \$100 Res/\$120 Non Res

**Dublin Senior Center** 

Sun 7/5-8/30\* 9:30-10:00 AM Activity #38641

\* no class 8/9

#### COOKING

#### **Children's Chinese Dinner**

This fun Chinese dinner camp will teach children how to make delicious and healthy food. Ten recipes will be made throughout the week, from pot stickers to almond cookies and cake.

5 Classes Instructor: Cooking with Kids Foundation

4 - 5 Years \$248 Res/\$298 Non Res; plus \$17 materials fee

**Shannon Community Center** 

Mon-Fri 6/15-6/19 10:00-11:30 AM Activity #38457

#### **ENRICHMENT**

#### Lil' Buddy Bowling

If fun is 'right up your alley,' bumper bowling is sure to be a big hit. This bowling class guarantees success for your child because the gutters are filled with bumpers! Children bowl one game or play one hour, whichever comes first. Adult supervision is required.

8 Classes Instructor: Earl Anthony's Dublin Bowl

3 - 7 Years \$80 Res/\$96 Non Res; plus \$10 materials fee

**Earl Anthony's Dublin Bowl** 

Thu 6/18-8/6 3:30-4:30 PM Activity #38454

#### **Tiny Tot Science for Preschoolers**

Introduce your preschooler to the exciting world of science! Each class will have a different theme and will include a story, songs and science experiments—activities specially tailored for this creative and inquisitive age group. This supportive environment will allow your child to develop observation and problem solving skills, and develop a love for science.

5 Classes Instructor: Maria Kapadia

4 - 5 Years \$85 Res/\$102 Non Res; plus \$15 materials fee

**Shannon Community Center** 

Mon-Fri 7/20-7/24 11:00 AM-12:00 PM Activity #38503

#### **MARTIAL ARTS**

#### **Tiny Tigers Tae Kwon Do**

Students will focus on developing fine motor skills, following directions, listening, and pattern memorization. Students are encouraged through positive reinforcement and praise, based on the teaching principles of caring, belief, challenge, reward and praise. Martial Arts America uniforms are required (\$49).

10 Classes Instructor: Martial Arts America

4½ - 6½ Years \$159 Res/\$191 Non Res

**Martial Arts America** 

Thu 6/4-8/20\* 3:45-4:15 PM Activity #38411 \* no class 7/2

Sat 6/6-8/15\* 10:00-10:30 AM Activity #38410 \* no class 7/4



#### **NEW! Kidz Club Karate Jr.**

We're extremely excited to offer a class that's designed for your child to succeed! This program will help develop

to succeed! This program will help devi focus, concentration, basic motor

skills, confidence, discipline, respect, self-defense and a positive mental attitude. All of this and much more in an energetic, fun, noncontact structured martial arts curriculum.

Uniform included!

8 Classes Instructor: Pallen Martial Arts

4 - 6 Years \$150 Res/\$180 Non Res

#### Pallen Martial Arts

Mon, Wed 6/8-7/1 2:45-3:30 PM Activity #38604
Mon, Wed 7/13-8/5 2:45-3:30 PM Activity #38605
Mon, Wed 8/17-9/14\* 2:45-3:30 PM Activity #38606
\* no class 9/7

#### **Mighty Mites**

Students will enhance their motor skills and hand-eye coordination while learning basic gymnastics skills on all gymnastics apparatus. Gymnastics terminology, body positions, and gym safety will also be covered.

9 Classes Instructor: Edge Gymnastics

4 - 5 Years \$137 Res/\$164 Non Res

#### **Edge Gymnastics**

Mon 6/15-8/10 11:10-11:55 AM Activity #38527 Thu 6/18-8/13 12:50-1:35 PM Activity #38528

#### **Mini-Mites**

Students enhance their motor skills and eye-hand coordination while learning basic gymnastics skills on all gymnastics apparatus. Students will also learn gymnastics terminology, body positions and gym safety. Students must be potty-trained. No parents allowed on floor.

9 Classes Instructor: Edge Gymnastics

3 - 4 Years \$137 Res/\$164 Non Res

#### **Edge Gymnastics**

Mon 6/15-8/10 1:40-2:25 PM Activity #38531 Tue 6/16-8/11 12:50-1:35 PM Activity #38532

#### **Introduction to Martial Arts**

This unique bi-weekly class develops a child's focus and concentration through drills used in martial arts. It's a fun, active class that gradually introduces good posture, eye contact, respect, and discipline—all key components to listening and conversing with adults. This class is for new students only, and includes a free uniform!

10 Classes Instructor: Shir Martial Arts

3½ - 6 Years \$169 Res/\$203 Non Res

#### **Shir Martial Arts**

Tue, Thu 6/23-7/23 3:20-3:50 PM Activity #38482 Tue, Thu 7/28-8/27 3:20-3:50 PM Activity #38483

#### **SPORTS**

#### Wee Hoop Basketball: Jump Shooters

Children will develop physical skills such as balancing on one foot and hopping. The class introduces basketball skills while increasing coordination. At this level, parents are encouraged to take a supportive role with lots of high-fives and praise from the sideline. 8 Classes Instructor: Dinah Shah

3 - 4 Years \$92 Res/\$110 Non Res **Stager Community Gymnasium Sat 6/6-8/1\* 9:40-10:20 AM Activity #38665** \* no class 7/4

#### Wee Hoop Basketball: Hot Shots

Placing more of an emphasis on developing basketball skills, this class also teaches the basic rules of the game. As the class progresses, participants will be able to use their skills and knowledge in controlled, instructional scrimmages. The activities encourage teamwork and help build new friendships.

8 Classes Instructor: Wee Hoop staff

4 - 5 Years \$92 Res/\$110 Non Res **Stager Community Gymnasium Sat 6/6-8/1\* 10:25-11:10 AM Activity #38666** \* no class 7/4

#### Bat Busters Teeball League

This is a great opportunity for your youngster to make new friends or play with existing friends. Teeball teaches the basics of baseball in a fun and non-competitive environment. Teeball is a great entry point to the world of team sports, introducing teamwork, sharing and many other useful social skills. Players will receive instruction, support, a league T-shirt and a participation trophy given out on awards day. Parent participation is encouraged. Space is limited to 120 participants.

8 Weeks

3 - 5 Years \$104 Res/\$125 Non Res

**Fallon Sports Park** 

Sat 9/12-10/31 Mornings Activity #38831

#### **Kidz Love Soccer: Tot Soccer**

Just like the big kids, your little tyke will enjoy running, kicking and playing on the soccer field! This class introduces small children to soccer and helps to further develop their motor skills. Group/team effort will be encouraged through fun soccer games. All participants will receive a Kidz Love Soccer jersey.

8 Classes Instructor: Kidz Love Soccer staff

3½ - 4 Years \$112 Res/\$134 Non Res

**Emerald Glen Park** 

Tue 6/23-8/11 6:20-6:50 PM Activity #38647

Passatempo Park

Sat 7/11-8/29 5:05-5:35 PM Activity #38645

**Shannon Park** 

Sat 7/11-8/29 9:40-10:10 AM Activity #38646

#### **Quick Start Tennis**

Quick Start Tennis works by getting children involved in the game immediately. Specially designed portable net systems and color-coded balls created by the USTA (United States Tennis Association) have revolutionized the game for beginning players. Within the first hour of stepping onto the court, children are playing the game, rallying with one another, moving around the court, and having fun. Scaling the game and court down to their size helps make the learning process easier and more fun. These classes give children confidence by seeing their own immediate progress, making them more enthusiastic about continuing to play and improve. Instructor/student ratio for Regular Groups is 1:6, and 1:3 for Small Groups.

5 Classes Instructor: Arora Tennis staff

#### **Red Regular Group**

4 - 6 Years \$74 Res/\$89 Non Res

#### **Emerald Glen Park**

Fri 6/19-7/24\* 4:15-5:00 PM Activity #38693 \* no class 7/3

**Sat 6/20-7/25\* 9:15-10:00 AM Activity #38695** \* *no class 7/4* 

Fri 7/31-8/28 4:15-5:00 PM Activity #38694

Sat 8/1-8/29 9:15-10:00 AM Activity #38696

**Kolb Park** 

Sun 6/21-7/26\* 9:15-10:00 AM Activity #38699 Sun 8/2-8/30 9:15-10:00 AM Activity #38700 \* no class 7/5

#### **Red Small Group**

4 - 6 Years \$110 Res/\$132 Non Res

#### **Emerald Glen Park**

 Mon
 6/15-7/13
 4:15-5:00 PM
 Activity #38701

 Wed
 6/17-7/15
 4:15-5:00 PM
 Activity #38697

 Mon
 7/27-8/24
 4:15-5:00 PM
 Activity #38702

 Wed
 7/29-8/26
 4:15-5:00 PM
 Activity #38698

#### **Fallon Sports Park**

Sat 6/20-7/25\* 10:15-11:00 AM Activity #38703 Sat 8/1-8/29 10:15-11:00 AM Activity #38704 \* no class 7/4